

The Promenade



An occasional digest of news, advertisement and gossip

March 09



Steve Joliffe shows how it's done.

Welcome

After a short break Prom is taking the plunge to bring you news and events for Spring and Summer.

Pool Update

Having outgrown the hour slot on a Wednesday the pool sessions have now moved to an hour and a half on a Monday night and continue to go from strength to strength with two sessions each evening of 45 minutes each. The hard work over the winter months for some club members has paid off and big congratulations are due to the following for achieving the Pool Blades Level 1 Award:

Finnian Bult, Victoria Curran, Harriet Davies, Abbie Greenland, Freya Lawrie, Alex Mogg, Jack Partridge, Jessica Rayner, George Taber

and to the following for achieving the Pool Blades Level 2 Award:

Mark Andrews, Scott Andrews, Joe Daggett, Gwyn Daggett, Daisy Stephens, Martin Whittaker
Well done to you all - and we wish you well with the next levels that you have all moved on to.

South East Wales Competition News



Brecon (in green bibs) taking part in the Polo inter-club event

Many of you have taken part in competitions which clubs have been organising across South East Wales. Club members have competed in a variety of different disciplines including slalom, white water racing, a polo competition and the locally organised sprint regatta last October. Club results will be announced at the end of the season.

Our friends over at Bridgend have sent the following information for those who would like to try their hands at more slalom.

Following on from what appears to have been a highly successful local inter-club slalom event on the River Ogmore in November 2008, we are

holding a BCU div 3/4 event on the same site on 4/5 July 2009. For those who have never paddled slalom before, this is an ideal starting event on very placid water. We would love to have a strong Welsh showing at this new event and look forward to welcoming as many of you and your members as possible.

E-mail information: RPonting@uwic.ac.uk

Club Kit

When it has been modified Brecon Canoe Club will be the proud possessors of a "new" trailer which formerly belonged to the Army. This should make life easier getting kit on and off when we are back on the river shortly.

Summer Paddling



A photo from last years' trip showing Steve Rayner mid-surf.

The evenings are drawing out and thoughts are turning to Summer so if you think you might fancy spending your August Bank Holiday weekend in Pembrokeshire for sea kayaking please let Steve Rayner know as soon as possible. He will need to book campsite pitches before Easter. The weekend (Friday-Monday) will (as usual) be a combination of coastal trips, island circumnavigation and rock-hopping - with the possibility of surf (if there is any). Suitable for strong, confident 2* paddlers.

Contact Us - The Committee

Chair and Coach Steve Rayner

01874 62339

Secretary Kathy Hosie

01874 625184

Treasurer Peter Cloke

01874 636161

Pool

pool@breconcanooclub.org.uk

Membership Liam Hosie

01874 625184

Equipment Lee Stephens

01874 610578

Welfare Chris Rayner

01874 623399

Contact us - The Coaches

Peter Cloke (BCU Trainee Level 2 Kayak Coach)

Able to teach and assess Paddlesport Start

Steve Jolliffe (BCU Level 2 Kayak Coach, 4* Inland Kayak, 3* Canoe)

Able to teach and assess 1-2*

Nigel Midgley (BCU Level 4 Inland Kayak Coach, 5* Sea Kayak, 4* Canoe) Able to

teach and assess 1-2*, 3* white water kayak

Steve Rayner (BCU Level 3 Inland Kayak Coach, 4* Sea Kayak, BCU Level 3 Canoe Coach) Able to teach and assess 1-3* canoe & white water kayak.

Lee Stephens: (BCU Trainee Level 2 Kayak Coach, 2* canoe)

Able to teach and assess Paddlesport Start

Bringing a Guest?

Non-members are welcome to join in Club events, so please feel free to contact the organiser and let them know you are bringing along guests. Guests or prospective members just have to sign registration forms (and parental consent forms for under-18s) and they can paddle at two club events, after that they will be invited to become fully fledged members if they wish to continue.

Club Polo & T Shirts for Sale

Gorgeous royal blue polo shirts with the Club's logo discretely on the front a snip at £14 each and T-shirts with the logo printed on the back a bargain at £10 each. Please see us at events to get yours

Advertisements

Canoe and Kayak Coaching

From beginners to white-water.

One-off sessions, courses or trips.

BCU 1-3*, Foundation Safety & Rescue Training.

Individuals or groups.

Weekdays preferred. Commercial rates.

Contact Steve Rayner 01874 623399 or steve.rayner@brynbolgoed.co.uk

The Welsh Canoe and Kayak Show – Sat 25 April 2009

The Welsh Canoe and Kayak Show 2009 is taking place in Cardiff on the 25th April. See www.canoe-show.co.uk

As you may already be aware Up and Under (www.upandunder.co.uk) has opened a new dedicated watersport shop, Up and Under Watersports at Cardiff Marine Village (www.cardiffmarinevillage.co.uk). This new store is on a 0.5 hectare site alongside a number of related retail and service outlets and most importantly provides access to the River Ely.

Up and Under have arranged with a large group of paddling suppliers, manufacturers and organisations to host The Welsh Canoe and Kayak Show 2009 at the Marine Village. Information about this show and the exhibitors can be found at www.canoe-show.co.uk. With over 150 different models of boat available for you to try on the river this event is a great opportunity to see what's new and to try out that boat you always wanted!

The Welsh Canoe and Kayak Show 2009 and Up and Under Watersports are also situated just upstream from the new artificial white water slalom course, whose construction is well underway.

There will be a number of other related exhibitors and events going on throughout the day and with Cardiff Bay next door this should make an ideal opportunity to visit the Welsh Capital for a day or weekend.

Kayak Holidays in Sweden

For details of Nature Travels experiences in Sweden for individuals and families, please see www.naturetravels.co.uk/category-water.htm. For larger groups, please see www.naturetravels.co.uk/groups.

Promenade Distribution

The Promenade is available to download from www.breconcanooclub.org.uk/newsletters.

Members receive one paper copy per postal address. If you have received a hard-copy but would prefer to read the newsletter on line (saving the environment and printing/postage costs), please e-mail editor@breconcanooclub.org.uk

Contact us and the Legal bit

The Promenade is the official newsletter of Brecon Canoe Club, If you have any comments, articles or ideas for future publications please email editor@breconcanooclub.org.uk.

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